



Mrs. Christa Padgett  
 4<sup>th</sup> Grade Spotlight News  
 March 12, 2018

### Dates to Remember

\*\*\*Class book order forms went home. **Form required to be signed whether purchasing or not.** Sending to publisher Friday.

\*\*\*Spring pictures Thursday

\*\*\* Wear navy leader in me class shirt on Friday!!!

Friday -

\*Energy Pyramid Quiz

\*Week 13 Mounting Tensions in the Colonies Test

### Birthday Celebrations:

**Hannah** ½ birthday  
(9/10)

**Ava** - March 14<sup>th</sup>

### What We're Learning

**Reading:** Charlotte's Web Ch. 16-18

**Spelling/Phonics:** Long i Vowel Sounds, High Frequency Words, Suffixes

**Writing:** Class book – Publishing;

**Math:** Angles & Angle Measurement

**Science:** Ecosystem – Energy Pyramid; Nutrition

**Social Studies:** Mounting Tensions in the Colonies

## A Parent's Guide to

## ENCOURAGING A GROWTH MINDSET

### What is a growth mindset?

**Growth mindset** is a concept developed by Carol Dweck, a Professor of Psychology at Stanford University. It is the belief that a person's abilities and intelligence can be developed through practice, hard work, dedication, and motivation.

### What is a fixed mindset?

A **fixed mindset** is the notion that intelligence and talent alone will lead to success. People with a fixed mindset believe that these things are "fixed" and cannot be developed or improved upon. They believe that you are either born with it or not, and nothing can change that.

### Why is having a growth mindset important?

Research has shown that children who have a fixed mindset are more likely to:

- Fear failure
- Give up on tasks they feel are too difficult
- Ignore feedback
- Avoid challenges
- Feel threatened by the success of others

Children who have a growth mindset are more likely to:

- Learn from their mistakes
- Be motivated to succeed
- Put forth more effort
- Take challenges head on
- Take risks
- Seek feedback
- Learn more
- Learn faster



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